

VOICE OF THE RESIDENTS

VOL. X

NO. ~~8~~ 9

BROADMEAD, COCKEYSVILLE, MD

MAY 1989

CASUAL COMMENT

Tradition went by the boards this year. St. Patrick's Day was not observed by the faithful by the ritual planting of peas in the gardens. Who decided that March 17th was the proper day even the saint does not know but it is an established fact that the best and biggest crops come from planting on that day. The belief would not have held up for long except for the fact that peas can stand the cold and damp soil that would rot beans if they were planted so early.

Our memories being what they are is it possible that you have forgotten that this is "Older Americans Month"? The government said so last year on the envelopes for Social Security checks and may well do so again this year. No particular action seems to be called for as most of us have become accustomed to being older. But some of us still go in for nit-picking - have you noticed the decline and almost total disappearance of the apostrophe (') in the past few years? Is nothing sacred or even stable these days?

It was an egregious error last month to have forgotten the significance of April 28th. Fortunately our readers were too polite to criticize and remind us that that was the date on which Maryland ratified the Constitution of the United States. Did no one here teach history?

Anyway, the event was celebrated on May 1, 1778 with a "Grand Procession" in Baltimore. The parade seems to have moved from Fells Point around the harbor and then up on Federal Hill. It started with a

salute from seven cannon answered with "huzzas" and a salute from seven more cannon on Federal Hill.

There was a grand feast for hundreds of people with many spring vegetables, hams, game and meat pasties and all the old records indicate that the biggest single item was beer. After all, besides what was drunk with the meal, there were thirteen toasts for the ratifying states which were drunk in beer and ale. The whole thing was reported in a Massachusetts paper on May 18, 1778 which described the parade and the meal but made no mention about how the celebrants got home.

There is a distinct impression that there are many more robins here this spring than in any previous year in the history of Broadmead.

By this time all bird feeders should be empty and cleaned ready for next winter. Any bird so lazy and useless as to require feeding during the summer does not deserve to reproduce. Many bemoan the "welfare state" for people. Do not encourage it for birds.

In almost every year of its history the Voice has presented some information about the month of May. Since this is the 10th year of the Voice it hardly seems necessary to repeat what has been said before.

1b



ZELMA CLARK (Mrs. Cleve W.) J-9
527-1410

Zelma is a farm girl from Nebraska who after graduating from Teacher's College in her home state went to work in Washington, D.C. where, among other things, she served as a secretary to the attorney general of the United States. It was in Washington that she met and married Cleve, a young law student from Pennsylvania who was transferred to Brooklyn, N.Y. during the war. Cleve became an executive with Lever Brothers and Zelma an administrative secretary to a federal judge. The Clarks remained in New York City and Westchester County until Cleve's death and Zelma's move to Broadmead.

She is a versatile woman with varied interests but topping the list is her life-long attraction to plants. After her retirement she built a greenhouse on her home which so flourished it was pictured on the cover of gardening publications. She has written for numerous papers and magazines including the New York Times and House and Garden. She is a master judge for flower arranging and horticulture and is well known as an authority on growing plants from seeds.

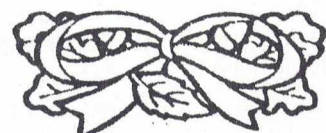
Her friend, Elvin McDonald, author of Plants as Therapy, has said of Zelma, "Gardening indoors and out is a proven source of strength in times of emotional needs. The companionship of plants has turned her retirement into a crowning glory."

She has done Braille transcribing for blind students and enjoys travel, music, theatre, bridge, photography, reading, walking, and most of all friends. In other words she is an interesting, friendly, and charming addition to our Broadmead family.

Our "local college" group has grown! Welcome to another Hopkins and Goucher family. Ernie comes from N.J. (early on!) and Anna May is a Baltimore native. They both went to college here and raised one daughter in Baltimore County. They have one grandson living with his parents in New York City. Ernie after beginning his career at Bethlehem Steel started his own firm as a consultant mechanical engineer. During his work in diversified types of engineering which included cryogenic, thermodynamic, and forensic engineering (the later as an expert witness in court trials), he taught courses at Hopkins, at Edgewood Arsenal, and organized a program for refresher courses for engineering examinations for the Engineering Society of Baltimore. When talking to the Hanharts, ask Ernie to tell you of his experiences when he and a cousin, who had gone to visit relatives in Switzerland in the summer of 1939, were held in Europe for several months after war broke out "over there." Ernie is interested in working in the rose garden so we expect the Hanharts to quickly adjust to Broadmead living.

GEORGE RILEY N-8 527-0458

N Cluster has a new Resident though there have been no vacancies there. Our long time Resident, Kathleen Gerber has a new husband. George, a Cockeysville native and a widower with 5 children, and Kathleen were married on March 25th. George's life-time career was spent in the local area with the Harry J. Campbell Corp. (now Genstar) so he should be right at home here with us. Welcome to Broadmead and best wishes to the newlyweds.



MERRIMON AND WHITTY CUNINGGIM - E-9
527-1429

The Cuninggims came to Broadmead from the south - he having been born in Tennessee and she in North Carolina. Merrimon is a Vanderbilt graduate, holds numerous graduate and honorary degrees, and has studied as a Rhodes scholar at Oxford. His career has included consultancies for foundations and higher education. Whitty is a Duke graduate who, while raising three daughters, has been active as a volunteer in educational work with handicapped children. The youngest of their girls who lived only 29 years suffered a physical handicap which inspired Whitty's work with those with special needs. She has been extremely active with the League of Women Voters having served on the Board of Directors and as N. C. State Chairman of Education. She has won many national and local awards including National School Volunteer of the Year and the Community Service Award of North Carolina.

The Cuninggims' oldest daughter, a Goucher graduate, is married to Dr. John Neff, a former Broadmead Trustee, and lives with their three children in Seattle, and the other daughter heads a school in Western, Massachusetts where she and her husband and daughter live.

Tennis and golf are interests for both the Cuninggims so we expect them to take an active part in our community.

Apartment Changes:

Bill Cullom	F-2	to	J-5
Alma Stein	Q-1	to	R-5
Philip Snyder	E-9	to	T-301
Harry & Viola Schneider	K-11	to	T-361&363

Betsy Griffin

KIMBERLY TROLIER, FLUTE
MICHUNG PARK, PIANO

Three centuries of music were represented by the piano and flute concert of Kimberly Trolier and Michung Park. These young musicians, both Peabody Conservatory students, are already competition prize winners in early careers.

The program opened with J. S. Bach's Sonata in B-minor. Although at times the piano seemed overpowering, the talented duo achieved an admirable degree of unity in rhythm and expression. Ms. Trolier presented the Debussy Syrinx with sensitivity and technical adroitness. An atonal Copland Duo for flute and piano received somewhat less audience acceptance. The last movement of this number with its jazzy syncopation was skillfully played. A Faure Fantasie concluded a most enjoyable musical afternoon.

B-flat



4

BROADMEAD LIBRARY NOTES

For the devotees of biography, a selection of titles recently added to the Library. (N.B. A few are on the permanent shelves not on top with green slips.)

Baker, Jean Harvey. Mary Todd Lincoln. 1987.

Recently reviewed by Martha Gross, Lucretia Shroat and Mary Smith.

Bingham, Sallie. Passion and Prejudice; a Family Memoir. 1989.

Owners of the Louisville Courier Journal and Times. The story from the inside out.

Brian, Denis. The True Gen, an intimate portrait of Ernest Hemingway by those who knew him. 1988.

A lively, revealing and very personal picture.

Burns, George. Gracie: a Love Story. 1988.

Gracie Allen, of course, told with love and humor by her husband of 40 years.

Donaldson, Scott. John Cheever, a Biography. 1988.

Ellmann, Richard. Oscar Wilde. 1988.

The recent Pulitzer prize winner for biography.

Frank, Katherine. A Voyager Out: the Life of Mary Kingsley. 1987.

The fascinating biography of a self-taught expert on Africa, her explorations alone with the natives in the Congo area. Niece of Charles Kingsley.

Johnson, Diane. Dashiell Hammett, a Life. 1983.

Lacouture, Jean. Ho Chi Minh. 1968.

The figurehead of North Vietnam, the Uncle Ho opposed to Uncle Sam in the crucial struggle of our time.

Ludington, Townsend. John Dos Passos; a Twentieth Century Odyssey. 1980.

Price, Vincent. I Like What I Know a Visual Autobiography. 1959.

Regan, Donald Thomas. For the Record; from Wall Street to Washington. 1988.

Slusser, Robert M. Stalin in October; the Man Who Missed the Revolution. 1987.

Spark, Muriel. Mary Shelley. 1987.

Terrill, Ross. The White-boned Demon; a Biography of Madame Mao Zedong. 1984.

Emily C. Schilpp

P I C K A P I X

The final ballot has been cast, the totals tallied and the Pick a Pix contest to select a favorite watercolor from the display on the East Hall has a winner. There were 178 votes and the top five choices were:

- 1) Maine Fishing #32 *17 (17 votes)
- 2) Iris in Bloom #16 (16 votes)
- 3) Baskets in the Sun #5 (13 votes)
- 4) Monumental Snow #14 (12 votes)
- 5) Blue and White Iris #26 (11 votes)

We are pleased to announce that Elizabeth Packard has purchased "Monumental Snow" and given it to Broadmead as a gift. The Board, the Staff, the House Committee, etc. appreciate her generosity and will enjoy having that watercolor in our permanent collection.

Each of the pictures had at least some appeal to someone..... there were only 5 pictures that got no votes.

Nancy Grant 4/17/86



5

KETTLER AND HIS CURRENT CREW

Which department at Broadmead --- in one way or the other, at one time or the other --- touches every Resident, every apartment, every employee, every office, every air-conditioner; handles all the heavy equipment for barn sales, plows and prepares the vegetable gardens and, indeed, --- in one way or another --- touches every inch of ground and every blade of grass???

It is the Department of Maintenance and Grounds, directed by Howard Ketler, with a staff of 14 other men and women, predominantly men -- a staff that Ketler describes, again .. and again, as "excellent" and "the finest." "Without a good crew I would not be anything," he stresses.

At no time are these uniformed maintenance engineers more at work or more evident than in times of emergencies: as when the stream overflowed and flooded a good portion of the property: as that time when a heating loop broke (1980) and 240 apartments were without air-conditioning for three days; or when there was a break in the main water line.

Then there are the lesser emergencies, such as snowfalls which, more or less, can be planned for (except those extremely severe or those totally unexpected).

"If it starts snowing late in the afternoon, the ground crew does not go home. It remains to fight the snow all night, around the clock," the Director explains, "with plows, ice-breakers and sand trucks."

In addition, the "faithful" helpers (the entire crew) are on call 24 hours a day whenever they are needed -- weekdays, Sundays or holidays.

Howard Ketler speaks so much of his staff, it is difficult to get him to talk about himself, a vacuum filled by his secretary and administrative assistant -- the very pleasant voice which replies "This is Agnes" when a call is made to Maintenance. (Her full name is Agnes Montabano.)

"He is like a man on roller skates," relates the Girl Friday. "We get 40 to 50 telephone calls a day, several of which he must reply to himself; he must have his eyes everywhere, almost everywhere, because everywhere touches on his responsibilities."

Agnes, herself, has been in the department over five years (with Broadmead nine years). In addition to directing traffic via the telephone, she receives requests for repairs to be done, writes and distributes job tickets, follows up work assignments, and does 100 "other little things" that keep this busy office functioning.

The blueprint given to Howard Ketler

"Under the direction of the Executive Director the incumbent is responsible for the overall operation of the Maintenance and Grounds Department. Hires, trains, supervises and evaluates maintenance and grounds employees. Responsible for safety and physical regulation and enforcement and coordination of fire protection. Arranges for and approves purchases of maintenance and grounds equipment and supplies and maintains records of the items. Maintains proper inventories of maintenance items. Responsible for work assignments in repairs, preventive maintenance and new construction. Makes working drawings. Arranges for and approves work done by outside contractors in maintenance and grounds areas. Prepares department budget, in consultation with supervisor, and operates department accordingly. Attends administrative staff meetings, Property Committee meetings and Construction

Committee meetings. Accompanies inspectors performing authorized outside agency instructions. Performs additional projects as assigned. Subject to call at odd hours and/or weekends and holidays."

Most interesting (perhaps most creative) of the jobs Ketler has undertaken for Broadmead have been his design of the conversion of what is now the Hill House into two apartments; his design of the new Outpatient Department; and the experimental change of Apartment E-1 from a studio into a one-bedroom and den. The consensus is that these productions were "first class" and "well done."

Howard also oversaw the addition of the two wings to the complex. Earlier, he represented the administration in overseeing the original construction of the community.

His next venture will be the rehabilitation of the lily pond. It will not be exactly what it was some years ago, but it will be renewed, enhanced, beautified (with the help of the Residents Association).

By what route did Howard Ketler get to Broadmead?

He was trained as a carpenter and attended the Maryland Institute College of Art for two years studying mechanical drawing. He was engaged in supervisory construction work for 23 years, a good part of that time (12 years) at Baltimore Friends School. Here he came to know John Carnell, officer of the school, who eventually became a member of the Board of Trustees. Carnell introduced Ketler to Martin Trueblood, the first executive director, and after a little arm-twisting, Ketler decided to throw his fortunes with the embryo lifetime care project, on December 23, 1977 - about two years before Broadmead opened its doors.

He preceded much of the mud (the historic mud), he sloshed through more of it, and he put his department's shoulders to the wheel and, little by little, converted the mud pile into lovely, rolling greens - a b-r-o-a-d m-e-a-d, if you please.

When after a heavy storm, we Residents marvel at how fast Broadmead's walkways and driveways are cleared of snow and ice, it is good to know better the manpower and planning which go into the effort.

One experience of Howard's was a forerunner of some of his current associations. During the Korean War, he served in the Army's Medical Corps at Fort Ord, Colorado. There he was attached to the Outpatient Department as an EKG technician, the same field as his wife, the former Patricia Brown, a nurse practitioner, who was on the staff of Broadmead for seven years, and whom Howard Ketler met here.

This is the story of Broadmead's Maintenance Department and its director who, when he is not at work is at home playing with his two children or out dancing or fishing.

G James Fleming

Current Crew

*Ed Short, Asst. Dir. of Maintenance
Bill Monks, Lead Dutyman & Electrician
Richard White, Lead Painter
Tom Foard, Painter
Marshall Roane, Plumber
Gus Smith, Carpenter
Charles Mueller, Dutyman
Bobbie White, Dutyman
Kevin McCabe, Dutyman
David Brewer, Dutyman
David Velasquez, Grounds Foreman
Charles Smith, Groundsman
Domingos de Almeida, Groundsman
Agnes Montalbano, Secretary*

(Five of the above have each served Broadmead eight or more years.)

HALLOWELL PERGOLA

The date is set - May 16th at P.M.

The enclosed courtyard with pergola west of the second Hallowell wing will be dedicated then. Plantings have been completed and although the wisteria has not yet had the time to cover the exposed framework it is not too hard to imagine how it will look in time.

The pavement of interlocking blocks is visually interesting and should make a pleasant walk even in damp weather. There is a bench or two and a round table with an umbrella plus an extensive view of the northern hillside and part of the Nature Trail. In time the bare woodwork will mellow from its present raw state and its sturdy appearance makes it seem most likely that it will still be standing years from now. Most of the plantings appear to be evergreens so that the area will be pleasant both summer and winter.

Even if you do not peer in earlier be sure to be on hand for the dedication and see what the Association's contribution of \$10,000 has helped to do.

1b

GREENHOUSE

Winter is over! Spring is about gone!

It is time to think summer and time to think about returning your plants to their home.

The Greenhouse must be cleaned and sprayed for the summer.

Please remove all potted plants between May 15th and May 22nd. Your cooperation during the winter and in clearing up this spring is appreciated.

June Kerr

PREVIEWS

Square Dance - It's interesting to note that the up-coming square dance (May 10th) at Broadmead will be led by a group of dancers from the Baltimore County Department of Aging (Bykota House) in Towson. The leaders of that group live in another retirement community, Willow Valley, in Lancaster, Pa. and travel here once a week to teach and call dances for the local group.

"Swing your partner, allemande right!

Ageless we'll be as we dance all night!"

Charles C. Stieff, II, son of Claire Stieff, and former vice-president of the Stieff Silver Co. will speak on May 15th on the History and Craft of Stieff Silverware.



CARROLL COUNTY
CHILDREN'S CHORUS

Spring came to Broadmead not only with blooming forsythia and daffodils but also with the young voices of the Children's Chorus of Carroll County. Fifty elementary school children entertained a SRO audience with a varied program which included solo as well as group singing.

The first two numbers were parts singing a capella followed by an Irish Folk Song about wild mountain thyme, featuring the chorus and two solo singers. Four short novelty songs by Benjamin Britten with appropriate acting by the group and charming solo renditions of "Oh, What a Beautiful Morning" and "Shenandoah" were enthusiastically received. A lovely afternoon ended with "Reflections of a Lad at Sea" and "The Drunken Sailor," numbers calling into play not only the chorus and individual voices but also a certain amount of in-place acting.

The Chorus, the pianist who accompanied it and the Directors who organized and trained it should be congratulated on an excellent performance.

B-flat

P.S. Did you spot the daughter of Doug Bareis among the singers?

IN MEMORIAM

April 1989

Richard L. Shroat
L. Whiting Farinholt, Jr.
Ruth M. Klingel

CLOSED CAPTIONS

I was introduced to a Closed Caption Adaptor by a hearing impaired neighbor whose enthusiasm for her new piece of TV equipment was boundless.

She demonstrated the ease with which it can be used; enthused over the compact size, and told how it had enriched her life. There was no longer the need to turn on the TV so high that it intruded on her neighbor's privacy. And, whereas an English dialect had been unintelligible, the captions below made it all crystal clear.

The captions are always well-placed, legible and non-intrusive. The "Telecaption-3000" was introduced at the Consumer Electronics Show in June 1988, and has caught on like wildfire. It is now carried in over 900 stores throughout the United States. Sears and J.C. Penney sell it in catalogs and in their retail store and it costs under \$200.

The National Caption Institute is spreading the word. Not all programs carry closed captions but the NCI Council, established in 1983, is working to increase the amount of captioned programming and the number of people using it.

In 1986 Congress created the Commission on the Education of the Deaf. NCI worked with the Commission for the past two years in its study of Captioned Television. The Commission stated in the report that "Captioning of TV is the most significant technological development for persons who are deaf." The American Association of Homes for the Aging recently endorsed captioning and urged all of its members to purchase a decoder. To find out where decoders are available call toll free 1-800-533-WORD.

Minna Englisher

It was born when Broadmead was very young - in the old (first) dining room. Among its founding fathers were Jim Fleming and Franc Beck, with founding mothers Hazel and Mildred helping by adding suggestions. "It" of course was our VOICE.

Table talk at dinner one night early on turned to community and how this new venture must be a community - of interests, of people who care about each other, who care that Residents and staff work together for similar goals. How to achieve that spirit of cooperation with independence when only a few hardy Residents were on the scene and the environment inside the perimeter road was anything but conducive to "togetherness." Goopy mud, no walks, no lights, incomplete living quarters - would anything good come of this chaos?

Founding Father Jim and wife Hazel had been involved in the Broadmead idea, along with the Harry Nileses, the Ken Walkers and others, from the time it was only a gleam in a few far-seeing eyes. He was determined that nothing would interfere with achieving what we now know as the Broadmead spirit.

At that fateful dinner in the old dining room the VOICE was born. Jim said that if Broadmead ever really got going, he wanted to start a news letter for Residents. Mildred Beck apparently urged him to get going. And so in October - remember that Broadmead only opened in September - the first issue came out, an early indication of things to come from Broadmead Residents.

Because Jim has printer's ink in his veins from experience as a journalist and editor, he ferreted out help from other early Residents - Lefty and Dot Graham, the Walkers, the Bouchelles, the Becks. Jim named the baby THE VOICE OF THE RESIDENTS. Lefty Graham designed the original heading. Martin True-

blood's office pitched in with help for typing and copying.

The VOICE was to be a news letter for Residents and Futures. It was, and is, the voice of the Residents, planned, written and produced by them. From the beginning the Administration was supportive and interested in helping it take hold, but had no part in its contents unless requested to participate. Future Residents soon expressed interest and some wanted to become involved as soon as they arrived on the turf. So, our VOICE had strong guidance and support in its earliest days, to become the important influence it is to Resident and Future readers.

Editor Jim determined that the inconveniences of the early months should become an asset to the entire community, not a subject for continuous griping about obstacles, inconveniences, failures. Jim's foresight took hold and grew into legend. Every late comer has heard Founders talk about how much fun they had in the early weeks of mud and mess, and how many firm friendships began then.

There were few features in the early issues. But one on blindness, written by Ann Bridge, was very popular. Those of us who were privileged to know Ann knew how she made her handicap an asset to herself and an inspiration to others.

Asked how to get a staff together in the beginning, Jim gave an incomparable example of the way to find a splendid worker. Sitting in a meeting one morning, he was attracted by a beautiful head of hair in front of him. He immediately made the acquaintance of Esther Mahan and promptly recruited her for the production staff of the VOICE.

Can anyone beat that for a sure-fire method of choosing a knockout of a helper?

Helen Criley

More to come about the early VOICE.

MARYLAND LINE
CONFEDERATE SOLDIERS HOME

When I entered Mass Aggie all Freshmen and Sophomores were required to take two years of ROTC training. Aggie then had a cavalry unit. The correct pronunciation was "calvry" for both students and the enlisted men stationed there to care for the horses. We wore khaki coats cut down from WWI uniforms with the tight collar eliminated and replaced with lapels faced with blue. We also wore riding breeches and leggins. Although technically a cavalry unit the lower classmen were usually on foot and only occasionally on horseback. It was foregone that we would march in each Memorial Day parade - behind the upper classmen on horses and the carriage in which the town's remaining Union veteran rode.

This preliminary brings me to an article in the Sunday SUN of August 9, 1953 which I found in the Towson Library. It struck my eye because as a New Englander I never really gave much thought to the idea that there could also be Confederate veterans here in Maryland as I knew that the State had not seceded from the Union. Don't tell me that I should have known that all wars have at least two sides.

The MARYLAND GUIDE (WPA 1940) states, "Although Maryland remained in the Union and contributed a fair share to its defence, there were whole regiments of Marylanders and a notably large number of officers in the Army of the Confederacy. On May 23, 1862 the First Maryland Regiment, CSA met the First Maryland Regiment, USA in the battle of Front Royal, Virginia. The Union regiment, retiring slowly in the face of superior numbers, was thrown into hopeless confusion by a stampede of New York Cavalry and was obliged to surrender.

There is in Pikesville a building known as the headquarters of the Maryland State Police - a structure built in 1819 as a government arsenal. It was used as such

10

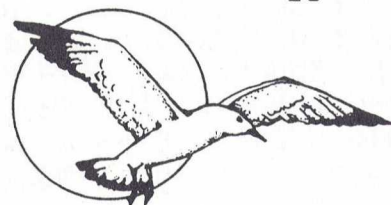
until 1879 when it was turned over to the State but it remained vacant until 1888. Then the State gave the building and its enclosed courtyard, plus several acres of land, to the Association of the Maryland Line for use as a home for Confederate veterans. The Pikesville of that time bore no resemblance to the Pikesville of today. Then there were two general stores, about 250 residents, a harness shop, a smithy, a drugstore and a saloon.

Over 20,000 Marylanders had served in the Confederate Army where there were a number of all-Maryland units such as the 1st and 2nd Infantry, the 1st and 2nd Cavalry and the 1st, 2nd, 3rd and 4th Artillery. At the end of the 1800's few of all these men were left.

As was the custom in almshouses the veterans were expected to work if able to do so. Some of them tilled the vegetable garden, cared for the cows and horses, worked in the kitchen, helped in the dispensary and generally kept what they earned from odd jobs in the village. The United Daughters of the Confederacy visited the sick, recognized birthdays and did other small favors for the veterans as they aged. Drunkenness was not uncommon and it resulted in being put out of the institution. The author of the SUN article, Thornton W. Cox, said his father used to let the malefactors stay in his barn until Mr. Pope, the Superintendent, relented and let them back in.

As time went on the roster dwindled and there were more funerals and burials in the Confederate lot in Loudon Cemetery. Finally in 1932 there were only three veterans left and the home was closed and the three were placed in private homes.

1b



PASTA

Pasta is enjoying great popularity today. Once related to casseroles or alternating with potato salad on the picnic table, now pasta comes to dine in the most sophisticated restaurants, in shapes and sauces that are interesting and new.

This mixture of wheat flour, butter and cheese has long been known in Italy. Marco Polo is thought to have brought it from China. There is a legend of its invention: a maid servant cooking the bread dough mixture forgot what she was doing and poured the half-cooked paste through a basket. The strings of pasta, called "noodles" intrigued the guests and was made that way thereafter.

In Italy pasta was used instead of rice in the South and when Marco Polo returned with new spices, the sauce to serve with the pasta became a specialty of the house in many homes. The popularity of macaroni products zoomed during the Depression and World War II. A pasta dish with a salad could make an economical meal. Restaurants specializing in spaghetti were popular in the old speak-easies. Even folks on meager budgets could afford a night on the town when the restaurant was featuring spaghetti.

Macaroni and cheese, the meatless meal on the home front, was the most popular use of pasta in America. Macaroni Salad was a quickly made substitute for potato salad and was made in the similar fashion. Pasta machines were a novelty for the mixture was simpler to prepare than the usual breads and cakes. Today, making your own pasta is a fetish with gourmet cooks though most of us are content with the many varieties found in boxes on the grocery shelves.

The shapes of pasta are intriguing. In the form of little shells pasta can be a foil for a dish using seafood. Tubular pasta

called "Canelloni" is stuffed with meat mixtures and served with sauce. Very thin spaghetti billed as "fetticini" is served tossed with butter, parmesan cheese and parsley. At one restaurant in Rome this is done ostentatiously with a silver knife and fork.

"Al dente" is the term applied to the cooking time for spaghetti. This means slightly chewy. The proper way to eat spaghetti is to leave the strings as long as possible, twisting them around the fork and held in place with a tablespoon - a trick easier said than done.

Good spaghetti sauce requires long cooking with a base that includes ground beef combined with other meats, tomato paste and tomatoes. Various herb blends are at the discretion of the cook. Oregano, an herb unheard of in the USA until World War I is one herb that is indispensable.

Good spaghetti sauces in jars or cans may be substituted for the home made but when spaghetti is the specialty of the house, the secret ingredients for "like mother used to make" are now passed on from mother to son as men take over the kitchen when spaghetti is on the menu.

Bon Appetit!

Mildred Williams

A PUFF PIECE

Having just returned from a most enjoyable trip on the Mississippi Queen from New Orleans up the mighty Mississippi on the riverboat (which is, as the ads say a "floating hotel palace," we realize how lucky we are to be at Broadmead.

Yes - we travelled at the pre-eminent time of gigantic flowering azaleas, lovely camellias and the newly-minted trees rising from the mists at high water. Who could forget the mammoth castles of grain elevators and brilliantly-lit petrochemical plants?

See Next Page

Yet, in the matter of food and meals, the standards were not as high as here. Yes, we did have on this week-long trip frogs' legs, smoked salmon, escargots in puff pastry! And yes - we did have elegantly attired waiters whispering blandishments and enticements about the four entrees of the day. But the results were not up to our culinary goals. SO - a great salute on a verbal calliope to our Food Staff from

Escoffiers II and III
(Aka Marjorie & Harry Jones)



Broadmead

13801 York Road
Cockeysville, MD 21030

VOICE OF THE RESIDENTS

*Published by and for
the Residents Assn. of Broadmead*

*Founding Editor: G. James Fleming
Editor: Leopold Bridge*

*Helen Criley
Esther Donahue
Betsy Griffin
Louis Hamburger
Amos Horney
Draza Kline
Elizabeth Mercer
Helen Mary Overstreet
Nancy Rowe
Phyllis Tyler
Mildred Tyson
Cluine Walker
Mildred Williams*

INTRODUCING - - -

The Conner Collection of video cassettes.

Save Saturday evening, May 6,
for the introductory cassette concert: "Isaac Stern in China."

Broadmead now has a fine collection of VCRS given by James A. Conner and Mr. and Mrs. Donald R. Wilson, Jr. in honor of George and Marian Conner's 60th wedding anniversary. These VCRs are available for programs for Residents, for use with Hallowell patients and for borrowing by individual Residents on a short-term basis.

Come to the first Conner concert and learn about the collection and its use.

ADDRESS CORRECTION REQUESTED